

# Chemical reactions

**W**hen we meet someone online we may seem to be completely matched, yet it isn't until we meet a date face-to-face that some of us really understands whether there is any kind of real possibility of it working out. Having sex previous, This has a lot to do with chemical tendencies, and here i clarify some of the research.



## The First Date

First dates can be heady experiences because once we go into a new circumstance our body prepares us by releasing a number of chemicals into the bloodstream. For instance, adrenaline may be the endocrine which creates the 'fight or flight' response - it increases our heart rate, constricts blood vessels and dilates our air airways. Fight or flight might seem like a strange reaction to a date but it describes well that feeling of being completely alert and also on guard to respond to an unknown situation.

## The Initial Hug

When we all make physical contact another set of chemicals comes into play. They are classified as **pheromones** and make all of us smell attractive to our partner. Pheromones are let go of naturally by the body and different people discharge different levels. The actual perfume market has tried to profit from this science for decades by producing perfumes that closely appear like **human pheromones**.

## Subsequent Dates

The first phase of a relationship can feel totally intensive and like a lot of chemicals contest about your mind and also body if you are falling in love. That initial flush generates a race cardiovascular, flushed skin as well as sweaty palms. This is as a result of dopamine, norepinephrine and phenylethylamine being released in our bodies.

Dopamine is thought to be the 'pleasure chemical', creating feeling of satisfaction and norepinephrine is similar to adrenaline and produces the race cardiovascular and also feelings of excitement. When combined both of these chemical compounds generate fulfillment, intense energy, insomnia, craving, loss of appetite and focused attention.

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**Scents That Attracts** How does the opposite-sex attract you? Is it their eyes? Their smile? Their body? The way they walk? The way they stand? Is it their buttocks? Is their muscle? Is it their boobs? Or can it be because of their smell? Believe it or not, many...

- Couples on this stage of love often appear obsessed with each other.
- This is because they have lower levels of this and also the neural circuits associated with the way we evaluate others are suppressed.

## Making Love Last

All of the chemical responses reduce eventually, when what we call the 'honeymoon period' passes. Unfortunately, they can occur with people who are totally unsuitable - which is why we're not always the best judges of character inside the initial flush of romance!

“ My advice is not to put too much pressure on yourself and not to be too eager to move a new relationship quickly on to the next stage. Matches made taking into consideration the seven defects of selection - including things like character flaws as well as shared experiences - are more likely to last when the chemical reactions relax. That way, you'll end up with a real and also real love that has the best possible chance of succeeding.

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