

# Mixing Your Pheromones

**S**o you are interested in [human pheromone](#) mixing. I wouldn't blame you at all. Once you have discovered that human [pheromones](#) work, the only thing you can do to improve the hits is to mix different types of human pheromones to suit your body. To maximize the hits from human pheromones, we need to mix androstenone, [androsterone](#) and androstenol in such a ratio that will compliment your body's natural human pheromones. Since everyone is different, human pheromones react in a different way to be able to everyone. So this is a general guide to mixing human pheromones.



- [Androstenone](#) has been known to illicit sexual tension.
- So for most people or for most mixes, androstenone may be the dominant human pheromone substance.
- However, too much androstenone often leads to negative reactions and short breaks of anger or irritability from women.
- So the right mix will bring out the positive effects of androstenone while negating the negative effects.

## Androsterone Has Been Known to Illicit Gentleman Like Aura

It also leads to a trusting aura that is great for flirting. However gentleman like aura is a little bit boring. So when you go to clubs and parties, women tend to find excitement. Androsterone doesn't really bring out in which type of excitement or aura. Too much androsterone often leads to a negative effect that makes the wearer look wimpy, beta male or inferior.

## Androstenol is the Comfy Human Pheromone

It makes other people comfortable around you. This is really hard to test out or tell whether it is working or not. But it helps a lot in getting the conversations going. It is also perfect for flirting and touching. However too much androstenol may get the user stuck in the friend zone. No one really wants that to happen. You want to have sexual tension while being able to flirt and talk naturally.

## Each of the 3 Main Pheromone Substances Have Positive Effects and Have Negative Effects

So a good balance that compliments your body is very important. A common way to combine pheromones is actually to have lots of androstenone and also a little bit of androsterone or androstenol. This way, you can have a powerful male dominating aura however enough gentleman and comfort feeling that will negate the actual negative effects of androstenone.

## Some Very Common Examples are Having 7 Parts of NPA With 3 Parts of SOE or 7:3 Ratio

Since NPA is pure androstenone and SOE is androsterone as well as androstenol, this combination is just an effective way to have the good attributes of androstenone without the negative attributes. A very popular human [pheromone product](#) that uses this type of combination is alpha 7 pheromone perfume. This human pheromone has a ratio of 6:1 which is 6mg of androstenone and also 1mg of androsterone. No wonder that this is such an excellent and popular product.

## Pheromones Have Been Studied for 30+ Years but Still Very Little is Known

A lot of products out there are using this to launch scams and [pheromone products](#) that do not work. But once you know and did enough research, you will understand that there are only 3 known human pheromone substances that are worth buying which are androstenone, androsterone and androstenol. These 3 already have a chemical name, a chemical formula and is widely accepted to be pheromones. So if you are mixing pheromones, it is highly recommended to get products that are pure androstenone, androsterone and androstenol. You can then start creating your own ratio and mixes.

## Read People's Testimonials and Experiences in this Alpha 7 Review Site

You can also come to my [chikara pheromone review](#) site to be able to read about other pheromone products. There are lots of pheromone products that do not work so be careful or you might lose your money.

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