

# Teen Dating Advice and the Teenage Brain: "Sexy Sells-Part 1"

**E**ver wonder why you see a beautiful woman standing beside every beautiful car at a car show? That is easy - **Pheromones** and Oxytocin. Yep, it is the most potent teenage brain cocktail to induce love at first sight. Get those hormones raging and that little mustang starts to look pretty hot after only a matter of just a few seconds. Marketing agents have been going straight into the idea that "sexy sells" for years and by the looks of it, that form of advertising is not going away anytime soon. What better way to hook the following generation? You have seen the evidence - you're taking a teenage boy to a car show and expose him in order to this kind of junk overload, you can't expect his / her teenage brain to think straight for days. Honestly, it is almost a form of torture - anticipate drool.



## The Teenage Brain: Parenting Teens Manufactured from Whenever Sexy Sells

Recently, I became giving a 16 year old girl teenage dating advice just before the prom and she had been expressing how it makes her mad that "all guys think about is sex." I asked her where she thought that has been coming from and she replied, "They are all just so immature!" While that may be true in many cases, it is also true that the teenage brain has to battle more visual images promoting sex than any generation before all of them. Billions of advertising us dollars are allocated to get our kids to buy whatever is being sold, complete with sensuous imagery; it doesn't matter if it is coffee, tennis shoes or a Barbie lunchbox. When nurturing teens, understand that if the children's eyes are available, its likely that they are being swamped, often unconsciously, every 7 seconds with enticing visual stimulation.

## Think about What Happens

A sweet, teenage honor student begins to develop into a young woman and the first thing that changes is her closet. Our culture has confirmed over and over that if you have a sleek body, a nice paint job and glow increase grill - you will get a truckload of attention. And also, "if this ain't broke, don't fix it." What else do we expect these phones do? Use burlap?

## Parenting Teens: a Close Look At the Teenage Brain

When teenage brain chemicals are released, it is a force as powerful as a Hemi engine. Trying to stop the thought process with a parenting teens lecture when Oxytocin is being released is like trying to stop the momentum of an Indy car on lap 19 if you don't take your foot off the gas. The challenge is the addictive nature and thrill starts well before your teen steps onto the track. It starts with a thought - a seemingly harmless suggestion in the form of a picture, movie, as well as word picture that revs up the engines.

## The Chemical Release in the Teenage Brain is a Trained Activity

Repetition: over and over again, until the teenage brain is about automatic relieve Oxytocin as well as other mind-altering chemicals. Don't get me wrong, these types of hormones and chemicals in the teenage brain are usually healthy and normal when released in the proper dosage at appropriate times. It's like the difference between taking a turn at 50 mph or even 65 - the later could lead to disaster.

Understanding the teenage brain is both a right and a duty to the ones that are parenting teens. We have the data and the research to learn the difference between promoting healthy levels of teenage human brain fuel through items like frivolity, eye contact and encouraging words, versus allowing damaging and addictive patterns through sexual overstimulation. We wouldn't permit our teenager to be able to feed a desire to drive the Autobahn at 12-years-old. That degree of experience requires the appropriate maturity and intelligence, as well as time and place. What is your teenager engaged in that is fueling his or her thought pattern toward a craving for sexual activity? Perhaps high-octane is not the best choice.



Pheromones

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*Get an Edge on Love with Pheromones* Simply put, pheromones are a form of chemical communication. These types of naturally occurring substances are highly important for animals and insects that use substance signals as their primary mode of communication. Although human emotions and our...

The following post, we'll have a closer look at the impact advertising has on this powerful chemical substance called Oxytocin inside the teenage brain and just what the ones that are nurturing teens can do in order to keep your kids on the right track - maybe even in the actual slow lane!

## Your Thoughts on this Teen Dating Advice?

Mama j.

*The book Dater's Ed, Lisa Jander, the Teen-Whisperer, helps parents teach their teenagers learn how to "date defensively, find their way safely and steer clear of unhealthy interactions." www.DatersEd.com*

- Lisa Jander is a wellknown author and also socialist giving advice how Parenting teens can help them date safely.
- Teenage Dating Assistance for Girls can help the Teenage Brain to date defensively, navigate safely and steer clear of harmful relationships.

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